

# Che R. Blaine

MS, NAC, MSW, LICSW, former LMFT\*

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## LICENSURE:

\* I have been formally licensed in Washington as a Marriage and Family Therapist, and can be reactivated. My license as an Independent Clinical Social Worker has met my professional needs. I am also a former member of the American Association of Marriage and Family Therapists, and have met all educational and experiential requirements of that certification. I have been a San Juan County Designated Mediator since 1993.

## SPECIALTIES:

For many years, I have provided caregiving and caregiving coordination in nursing care facilities, hospice settings and in patients' homes. Another specialty of mine is in trauma recovery, anger management and grief counseling. I have provided this support to Viet Nam-era combat veterans and other veterans, victims/survivors and offenders of domestic violence and sexual assault, adolescent street youth involved in prostitution and to hospice patients and their families. My secondary specialties are in drug and alcohol abuse recovery and multicultural/multiethnic social work, especially with Native Americans and Alaskan Natives.

## WORK EXPERIENCE:

**Director of Social Services, Life Care Center of the San Juan Islands** **Jan. 2014 – Oct. 2017**  
**Friday Harbor, WA**

Responsibilities: social work services in a skilled nursing facility including: admission, liaison with DSHS and other collateral professionals/agencies for continuity of care, counseling/psychoeducation of residents and support for staff, behavior management/psychotropic medication team member, and discharge planning coordination.

**San Juan County Designated Mental Health Professional, Compass Health** **Jan. 2014 – Present**  
**Friday Harbor, WA**

Primary responsibilities: mental health crisis response team member for San Juan County, dispatched from sheriff's dispatch or 24 hour mental health crisis line for consultation and face to face crisis reduction, safety planning and including voluntary and involuntary commitment for individuals in mental health (suicidal, homicidal and/or gravely disabled) emergencies. Working with law enforcement, EMTs, emergency room staff and other professionals, client family members and hospitals/agencies for crisis management.

**Certified Nursing Assistant. Life Care Center of the San Juans** **Aug. 2011 – Jan. 2014**  
**Friday Harbor, WA**

Provided nursing assistant care for personal needs of residents of a nursing care facility (transferring, feeding, physical therapy, toileting, hospice comfort care, conflict reduction, emotional stabilization and meeting other care parameters as needed).

**Counselor, Mediator, Social Worker. Steppingstone Counseling Private Practice** **1993 – Present**  
**Healing Arts Center, Eastsound, WA**

Responsibilities: professional counseling/psychotherapy, mediation of conflict and social work services with private clients (individuals, couples and families) and organizations with attendant record keeping. Participation on board of directors as a member of a group practice nonprofit.

**Registered Nursing Assistant, Eastsound, WA** **1993 – Present**

Providing in-home, personal caregiving and hospice care: medication management, personal hygiene, meal preparation, transportation, cleaning and household maintenance and repair.

**Meter Reader, OPALCO, Eastsound, WA** **1997 – 2010**

Responsibilities: accurate reading of electric meters in a timely manner, communicating with utility members effectively, cooperation with other coworkers..

**Psychotherapist/Counselor, North Islands Counseling and Psychotherapy,  
(Currently Compass Health San Juan Islands). Eastsound and Friday Harbor, WA** **1991 – 1993**

Responsibilities: providing individual, couple and family counseling/psychotherapy in a community mental health agency setting. Provided community presentations, liaison work with law enforcement and other human service agencies, emergency services responding to 24hr crisis line, voluntary and involuntary commitment.

**Counselor, Catholic Community Services  
Seattle, WA** **1988 – 1991**

Responsibilities: providing individual, couple and family counseling and psychotherapy. Special training/consultation in working with survivors of cult ritual abuse.

**Hospice Social Worker, Seattle Hospice Care, Seattle, WA** **1986 – 1988**

Responsibilities: counseling and social work services to dying patients and their families in their own homes, record keeping and liaison with other social work and medical staff.

**Caseworker/Counselor, The Shelter, Seattle, WA** **1984 – 1986**

Responsibilities: counseling troubled youth and their families, social work networking, supervision of youth staff. The Shelter was a CRC, Crisis Residential Care facility for youth. Some were referred to prevent out of home placement and I met with them individually as well as in their homes with their families focusing on reconciliation. I also provided services to street youth involved with prostitution, many of whom were incest and sexual assault survivors.

**Counseling Coordinator, M.E.N. Inc., Juneau, AK** **1980 – 1983**

Responsibilities: Supervision of staff counselors; providing individual and group counseling and anger management to men who acted violently. Many of the men were Vietnam combat veterans and referred from the criminal justice system under deferred prosecution agreements. Development of the counseling program and interagency liaison. Supervision of counseling staff, in-service training and workshop presentations/public speaking.

**Research Technologist II, University of Washington Primate Field Station  
Medical Lake, WA** **1970 – 1977**

Responsibilities: Coordination, collection and organization of research data of multiple researchers. My own research was also supported in completion of the Masters of Science degree.

**VOLUNTEER EXPERIENCE:**

**Soldier's Project, Tacoma, WA** **2009 – Present**

Volunteer/Pro Bono counseling for active duty and retired military service members.

**Board of Directors Member, Healing Arts Center, Eastsound, WA** **1993 – Present**

Organizational development, fund-raising and on-going management of a multidisciplinary, physical and mental health nonprofit.

**Youth Mentor, Orcas Island Funhouse, Eastsound, WA** **2006 – 2016**

Building and maintaining a one on one relationship with a specific male child through a mentorship program.

**Hospice Caregiver, Lahari Hospice, Eastsound, WA** **1995 – 2005**

I provided in-home and in-patient hospice care to dying patients and their families.

**Board of Directors, President, Children's House, Eastsound, WA** **1993 – 1995**

Board leadership, organizational planning, and fund-raising of a children's preschool.

**Mediator, The King County Dispute Resolution Center, Seattle, WA** **1983 – 1989**

Received additional mediation training, provided mediation in a wide variety of conflict resolution situations and for the later years acted as a mentor mediator helping to train other mediators.

**Board of Directors Member and Children's Advocate, A.W.A.R.E, Juneau, AK** **1978 – 1980**

Organizational management and fund-raising. As Children's Advocate: provided recreational and educational activities for families whose mothers were in a shelter for women who were physically or sexually assaulted.

**Board of Directors, President, Hospice of Juneau, Juneau, AK** **1980 – 1981**

Grant writing and legislative advocacy for state funding, organizational leadership and management for an in-home hospice nonprofit.

**EDUCATION:**

**University of Washington, Seattle, WA** **1985**

Master of Social Work (MSW)

**Eastern Washington University, Cheney, WA**

Master of Science, Biology (MS) **1971**

Bachelors of Science, Biology (BS) **1969**